

Track: 2020-10-28 Monte Padiglione e Monte Midia

These speeds are average for = HKG

IBP index reliability= B

IBP = 118 HKG

Total length	22.58 Km
Analyzed distance	22.58 Km
Lineal distance	0.01 Km

Accumulated climb	1164.2 m
Accumulated descent	1173 m
Maximum height	1740.3 m
Minimal height	1248.9 m
Climb rate	12.53 %
Descent rate	10.89 %
Positive climb difference per km	51.56 m
Negative descent difference per km	51.95 m

Total time	8:23:20 h
Time in movement	6:52:31 h
Stopped time	1:30:49 h

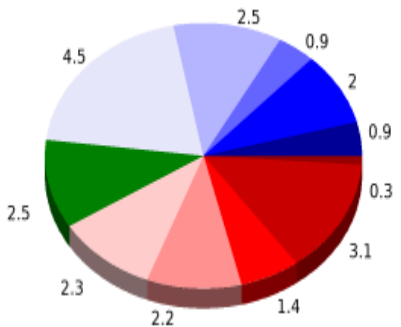
Total speed average	2.69 Km/h
Average speed in movement	3.28 Km/h
Maximum held speed	5.97 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1245 (cad. 18.14 m)
Significant points	575 (cad. 39.33 m / 46.18 %)
Aberrant points	6 (0.48 % d. total)

Direction changes per km	12.98
Direction changes >5° per km	10.14
Accumulated straight stretches	2.722 Km
Straight stretches per km	120.55 m
Penalizable slope changes	11
Penalizable slope changes per km	0.487

Find The Best bike routes

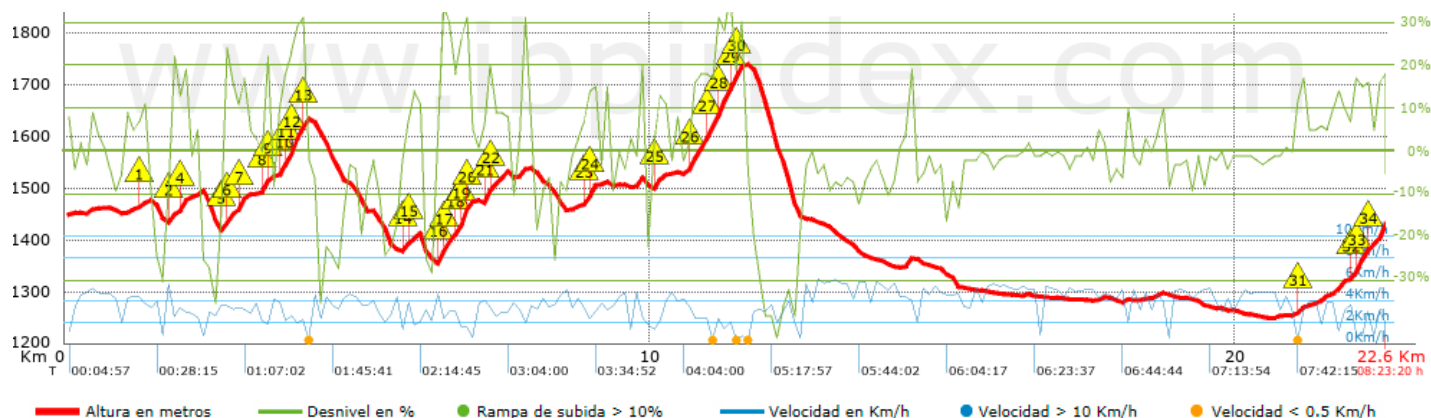


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.335	1.48	1.78	0:11:18
	Between 15 and 30%	3.081	13.65	2.31	1:20:08
	Between 10 and 15%	1.44	6.38	2.58	0:33:32
	Between 5 and 10%	2.181	9.66	3.21	0:40:48
	Between 1 and 5%	2.254	9.98	3.9	0:34:39
	Total :	9.292	41.15	2.78	3:20:25
	Plain				
	Difference of 1%	2.515	11.14	4.23	0:35:38
	Breakdown descents				
	Between 1 and 5%	4.478	19.83	4.2	1:04:01
	Between 5 and 10%	2.477	10.97	4.42	0:33:37
	Between 10 and 15%	0.941	4.17	3.35	0:16:52
	Between 15 and 30%	1.973	8.74	3.08	0:38:25
	Between 30% and 55%	0.903	4	2.3	0:23:33
	Total :	10.772	47.71	3.66	2:56:28
Total track :		22.58	100 %	3.28	6:52:31


























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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	1.316	16 %	108 m
	1.792	14 %	159 m
	1.951	17 %	42 m
	2.696	11 %	37 m
	2.732	16 %	266 m
	2.998	20 %	76 m
	3.352	20 %	148 m
	3.501	13 %	39 m
	3.699	19 %	88 m
	3.788	22 %	83 m
	3.871	29 %	218 m
	4.09	12 %	52 m
	5.77	12 %	114 m
	5.884	14 %	105 m
	6.404	22 %	112 m
	6.516	16 %	130 m
	6.646	16 %	80 m
	6.725	29 %	148 m
	6.873	27 %	32 m
	7.167	21 %	112 m
	7.279	12 %	197 m
	8.891	19 %	109 m
	9	19 %	76 m
	10.075	14 %	184 m
	10.657	19 %	346 m
	11.003	20 %	141 m

	11.145	26 %	181 m
	11.325	26 %	108 m
	11.433	19 %	95 m
	21.044	13 %	112 m
	21.962	11 %	66 m
	22.028	18 %	261 m
	22.289	16 %	198 m

High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
1500	5770.093	25.56	2:05:58	2.75	0:45:55	2:51:53	2.01
Total :		5.77 Km	25.56 %	2:05:58 h	2.75 Km/h	0:45:55 h	2:51:53 h
							2.01 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
1.606	0:05:43	1459	0:28:46	0:28:46	1.606
2.315	0:02:40	1503	0:46:51	0:18:05	0.709
4.142	0:04:48	1633	1:33:27	0:46:36	1.827
6.905	0:09:00	1467	2:42:29	1:09:02	2.763
11.037	0:05:02	1612	4:16:18	1:33:49	4.132
11.433	0:07:23	1706	4:33:55	0:17:37	0.395
11.565	0:04:28	1734	4:42:50	0:08:55 < 10´	0.132
11.639	0:21:34 > 10´	1740	4:48:20	0:05:30 < 10´	0.074
12.537	0:04:06	1451	5:28:20	0:40:00	0.898
16.622	0:03:09	1291	6:24:28	0:56:08	4.086
18.765	0:05:46	1297	6:56:28	0:32:00	2.142
21.044	0:07:22	1254	7:34:53	0:38:25	2.279
21.996	0:02:56	1328	8:00:16	0:25:23	0.952
22.145	0:03:32	1355	8:06:29	0:06:13 < 10´	0.149
22.32	0:02:35	1385	8:14:13	0:07:44 < 10´	0.175
22.57	0:00:45	1430	8:22:35	0:08:22 < 10´	0.25
Total :		1:30:49 h			